

# YUNNAN

## TRAVEL MAP (HAND ILLUSTRATED)



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- Fremdenverkehrsamt der VR China in Frankfurt**  
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China National Tourism Administration www.travelchina.gov.cn

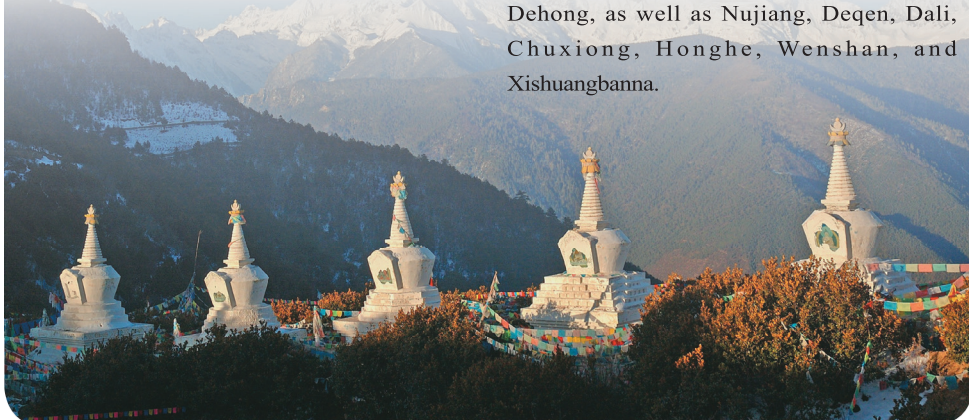
## Yunnan Overview

Yunnan, "Dian" for short, is located in southwest China with Kunming as its provincial capital. Yunnan Province borders Myanmar, Laos and Vietnam. The Tropics of Cancer crosses the southern part of the province.

Yunnan's terrain is high in the northwest and low in the southeast with an exceptionally great elevation difference. The main peak of Meili Snow Mountain, the highest point, is at an elevation of 6,740 meters, while the lowest place only 76.4 meters above sea level. Yunnan brings together the natural beauty of all kinds of climatic zones.

The province enjoys rich and diverse climate types. There are seven types of climates, the north tropical climate, south

**Area & Population**  
394,000 square kilometers.  
By the end of 2012, the permanent population was 45.62 million.



**Administrative Divisions**  
Yunnan Province comprises 8 prefecture-level cities and 8 ethnic autonomous prefectures, including Kunming, Qujing, Yuxi, Baoshan, Zhaotong, Lijiang, Pu'er, Lincang and Dehong, as well as Nujiang, Deyan, Dali, Chuxiong, Honghe, Wenshan, and Xishuangbanna.

**Website:** www.imnyo.com

## Lijiang

Lijiang is a distant and mysterious place boasting unique attractions such as the pure Jade Dragon Snow Mountain, Naxi ancient music, which has been called the "living fossil of Chinese classical music," and the world's only "living" Dongba hieroglyphs.

**Website:** www.ljta.gov.cn

**Old Town of Lijiang**  
Old Town of Lijiang is an ancient town without walls known as the "Oriental Venice." In the ancient town, there are blue flagstone roads, small bridges, flowing waters, and well-arranged ancient houses. There is landscape of both the mountain and the water.

**Website:** www.ljgc.gov.cn



**Black Dragon Pool Park**  
In the Black Dragon Pool, water bubbles up out of the stones. Clear springs merge into a pool whose surface is 40,000 square meters



## Lijiang

**Lugu Lake**  
Lugu Lake has fascinating colors and ancient legends. Ancient Mosuo people settled by the lake are the only ethnic group that adopts a system of matriarchy in China, practicing the unique "walking marriage" custom, where "men do not take a wife, and women are not married off."

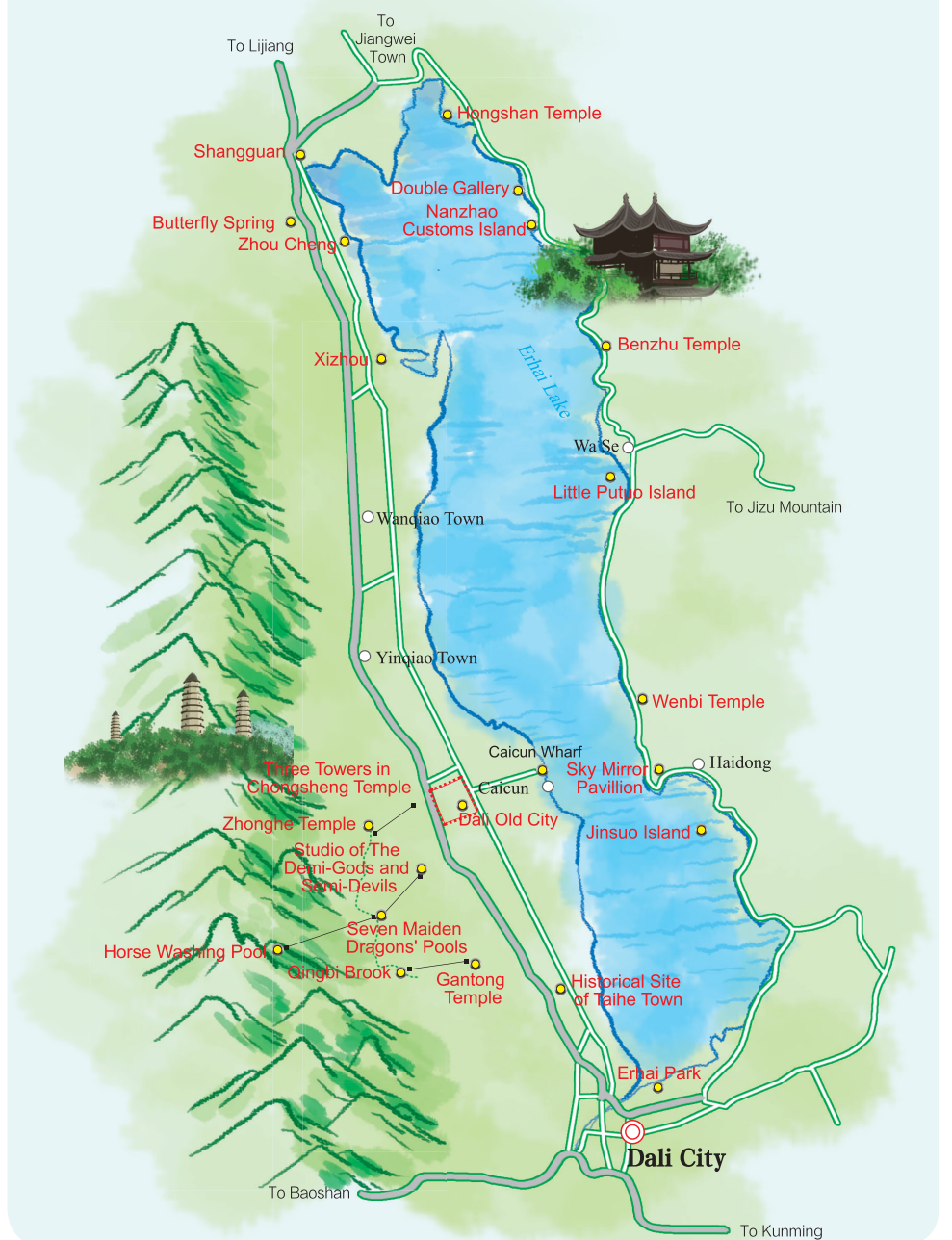
**Lashihai**  
Lashihai is a highland lake with picturesque scenery, lush forests, and dense flowers and plants. Like a mirror, the lake reflects the Jade Dragon Snow Mountain, where hibernating waterfowl rest peacefully, forming the unique atmosphere of the plateau wetland.

**Shuhe Ancient Town**  
In Shuhe Ancient Town, situated near the mountain and by the river, residential buildings are well arranged. It is the home of Naxi ancestors in Lijiang, a well-preserved important market town on the Ancient Tea Horse Road, and the birthplace of Chiefain Mu.

**First Bay of the Yangtze River**  
Blocked by HaiTuo cliffs, the rolling Yangtze River is forced to make a big V-shaped bend and flow northeast. This bend is the famous first bay of the Yangtze River.



## Map of Dali Ancient Town



## Dali

Dali is world-renowned for its beautiful landscapes and ethnic customs. In Dali, the Butterfly Spring, Erhai Lake, the Three Towers in Chongsheng Temple and other attractions are good examples of the town's attractions.

**Website:** www.dalitravel.gov.cn

**Cangshan**  
The magnificent Cangshan faces Erhai Lake. Nineteen peaks stretch from north to south like a palace for the immortals. All peaks are at an altitude of over 3,500 meters and the highest peak, Malong Peak, is 4,122 meters high.

**Dali Ancient Town**  
Dali Ancient Town was built in the Ming Dynasty. The simple, tranquil ancient town still preserves the layout of the Ming and Qing dynasties. "Foreigners' Street," lined with bars and cafes, is undoubtedly the most famous in the town.

**Erhai Lake**  
The clear Erhai Lake boasts a beautiful landscape hidden among the mountains. Boating on the lake, one seems to enter the world of immortals on earth. It is also the birthplace of the ancestors of the Bai civilization and still displays their ancient culture.



## Shangri-La

Shangri-La is located on the southeastern edge of the Tibetan Plateau, the northern end of the southern section of the Hengshan Mountains, and the outskirts of the "Three Parallel Rivers." There are unique melting snow-capped mountains, canyons, grasslands, alpine lakes, virgin forests and ethnic customs.

**Ganden Sumtseling Monastery**  
The Ganden Sumtseling Monastery built alongside the mountain adopts a design similar to the Potala Palace in Tibet. Shaped like a castle, it is known as the "Little Potala Palace."

**Napa Lake**  
Napa Lake is a seasonal plateau lake that is flat, surrounded by mountains on three sides. In autumn, herds of black-necked cranes, bar-headed geese, and white cranes



## World Heritage Sites

**Shinlin Region Stone Forest Scenic Area**  
Stone Forest, the Three Gorges, Guilin Landscape and Jilin Rime are known as China's four natural wonders. The Stone Forest Scenic Region is the world's largest sword-like karst spectacle, hailed as the "First Wonder in the World."

**Website:** www.chinastoneforest.com

**Northwest Yunnan Three Parallel Rivers**  
The "three rivers" of the Jinsha River, the Lancang River and the Nujiang River flow from north to south in parallel for over 170 kilometers, forming a rare wonder in the world of "Three Parallel Rivers." This is a region with some of the most abundant geological features and biological species in the world.

**Honghe Hani Rice Terraces**  
The Honghe Hani Rice Terraces are an agricultural civilization wrought by people of all ethnicities, especially the Hani people. According to records, they have a history of over 1,300 years. The terraced fields here are grand in scale, with 40,000 acres within the territory of Yuanyang County alone.

**Website:** www.yyhmt.com



## Kunming

Kunming is famous both at home and abroad for its nickname "Spring City," which comes from the fact that it is neither intensely hot in summer nor intensely cold in winter. With a pleasant climate, abundant sunshine, and more sunny days than rainy days, it is a famous tourist city.

**Website:** www.kmta.gov.cn

**Green Lake Park**  
The Green Lake has a beautiful environment with glittering ripples and green trees. The park is hailed as "the jade in the city." The east-west dike and north-south dike split the lake into four parts. Every winter black-headed gulls migrate here for hibernation, contributing to the Spring City's landscape.

**West Mountains**  
The West Mountains were originally called the Bijai Mountains. Seen from afar, they resemble a sleeping Buddha and a girl lying on her back, so they are hailed as the "Lying Buddha Mountains" and "Sleeping Beauty." In the park, there are rolling peaks and verdant trees, among which Longmen is the place with the best scenery.

**Golden Temple Park**  
In the park, there are verdant mountains and clear waters, beautiful scenery and the stories of Wu Sangui and Chen Yuyuan. The magnificent Golden Temple is a square

**Haigeng Park**  
Haigeng Park is the best place to have a close view of Dianchi Lake, which is narrow, tranquil, and relaxing. The tall eucalypti, the beautiful West Mountains' reflection in the water, strolling tourists, and children playing with seagulls are all part of this park's beautiful scenery.



## Xishuangbanna

Xishuangbanna means "the ideal and magical paradise" in the Dai language. It is world-renowned for its magical rainforest landscape and the ethnic customs found in the region.

**Website:** www.jltravel.gov.cn

**Manting Park**  
Manting Park, located at the triangle formed by the Lancang River and the Liusha River, has beautiful scenery with lush forests. Originally, this was the Imperial Garden of the Dai King. In the park, there is the Vine Area, Tropical Orchid Garden, Peacock Garden Release Lake, Tea Culture Area and other scenic regions as well as a bronze statue of Premier Zhou Enlai.

**Mengle Buddhist Temple**  
Mengle Buddhist Temple was built on the former site of the Jingpiao Buddhist Temple by the Dai King Bolong to commemorate the deceased queen Namsha Weibian. The beloved queen was a life-long believer in Buddhism, so the Dai King built this temple to commemorate her and promote the Dharma.

**Ganlan Sandbar**  
According to legend, Ganlan Sandbar was the place where Sakayamni preached. It is an oasis of lush forests, with tropical Dai bamboo buildings and water scenery. Visitors can also participate in water-sprinkling activities.

## National Customs

**Kunming Yunnan Ethnic Groups Village**  
Yunnan Ethnic Groups Village show cases the 26 ethnic minorities of Yunnan, including the Yi, Dai, Jingpo, Wa, Hani, Naxi, etc. Ethnic villages, dance performances and other programs can all be found here.

**Gongshan Bingzhongluo**  
Bingzhongluo is considered a typical example of paradise on Earth. Tibetan, Nu, Lili, Derung and other ethnic groups all live here and all ethnic groups have different costume and performances. There are still some Derung women who practice the mysterious custom of face tattooing.

**Xishuangbanna Dai Park**  
In Dai Park, there are village communities that have not changed for a 1,000 years, folk customs passed down throughout that time, charming subtropical



## Recommended Tourist Itineraries

- A Tour of World Heritage Sites**  
Route: Diqing - Lijiang - Kunming - Yuanyang  
Sight: Yunnan Province has beautiful scenery as well as a rich natural and cultural heritage. Currently, there are five World Heritage sites in the province: the Three Parallel Rivers, Stone Forest, Old Town of Lijiang, Yuanyang Terraced Fields, and Chengjiang Fossil Site. Take the World Heritage Tour to experience the beauty of different characteristic landscapes.
- A Tour of Ethnic Customs**  
Route: Kunming - Lijiang - Dali - Tengchong  
Sight: Yunnan is home to many ethnic groups. It includes many ethnic autonomous regions which these ethnic groups live and have their own characteristic cultural customs. Visiting Yunnan, one has the opportunity to appreciate different customs.
- A Tour of Great Mountains and Rivers**  
Route: Yuxi Park - Shaman Island - Chen Clan Temple - Canton Tower - Baiyun Mountain - Chimelong - Conghua Hot Spring  
Sight: This route is a classic landscape route including the "Plateau Pearl" Lugu Lake, Jade Dragon Snow Mountain, which is the holy mountain of the Naxi people, "Snow Princess" Meili Snow Mountain, as well as the beautiful Cangshan and Erhai Lakes, and the Tengchong geothermal springs. The route includes walks through gorgeous mountains and valleys.

## Transportation

**By Air**  
In Yunnan there are 12 civil airports. Among them, Kunming Changshui International Airport is a regional hub airport, while the other 11 in Lijiang, Xishuangbanna, Tengchong, Dali, Baoshan, Mangshi, Shangri-La, Pu'er, Zhaotong, Lincang, and Wenshan are regional airports.

**By Train**  
Yunnan's railway network has Kunming as the center. There are National Highways 108, 213, 214, 320, 321, 323 and 326, as well as 61 provincial highways which connect major cities in the province and beyond. A number of expressways have been opened to traffic.

**Useful Telephone Numbers and Websites**

IDD Code of China	86
Police	110
Fire	119
Ambulance	120
Traffic Accident	122
Telephone Number Enquiry	114
Weather Forecast	12121
Yunnan Tourism Complaints	871-4668322
Railway Ticket	95105105
Kunming Changshui Airport	871-67116114
Yunnan Airport Group Website	www.ynaairport.com
Kunming Highway Annoticket Center Website	www.4006510871.cn
Yunnan Tourism Bureau	871-4668322

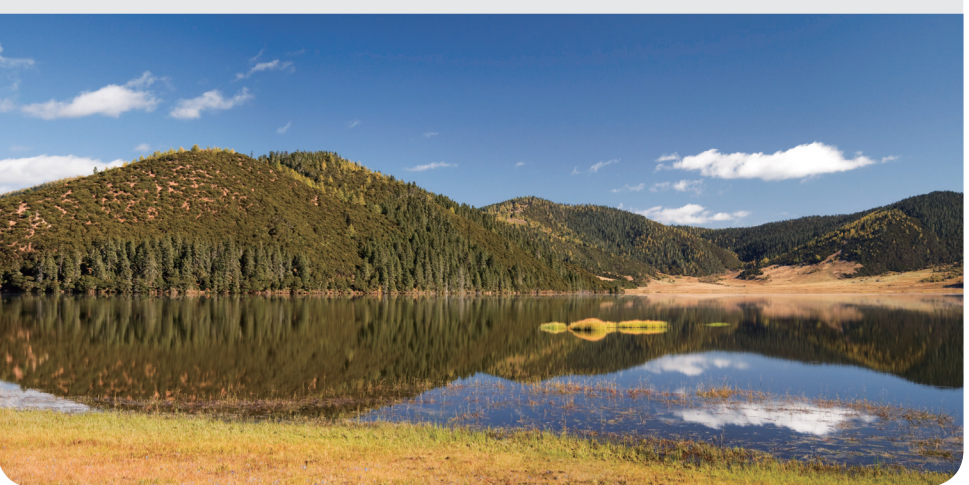
## Accommodations & Travel Services

**Accommodations**

Name	Star-rate	Add	Tel
Grand Park Hotel Kunming	5	No.20 Honghuajiao, Kunming	871-65366688
New Era Hotel Kunming	4	No.1 Dongfeng W. Rd., Kunming	871-63364999
Kunming	4	No.39 Ring S. Rd., Kunming	871-63365888
Regent Hotel	5	E. Section Yu'er Rd., Dali Ancient Town	872-26666666
Yinfeng Hotel	3	No.41 Yincang Rd., Dali Ancient Town	872-2671166
Pullman Hotel Lijiang	5	Shuhe Ancient Town, Lijiang	888-5300111
Chaohongyuan Hotel Lijiang	4	Yube Plaza, Ancient Town of Lijiang	888-3195588
New Taigarden Hotel Xishuangbanna	4	No.61 Minhang Rd., Jinghong	691-2123888
King Lands Hotel Xishuangbanna	4	No.6 Jingde Rd., Jinghong	691-2129999

**Travel Services**

Name	Add	Tel
Kunming China International Travel Service	No.1118 Huancheng S. Rd., Kunming	871-64153555
Yunnan China Travel Service	No.239 Beijing Rd., Kunming	871-63514788
Yunnan China Youth International Travel Service	No.133 Tiedong Rd., Kunming	871-63333318
Yunnan Overseas Tourist Corporation	No.96 Dongfeng E. Rd., Kunming	871-63122281



## Dining and Shopping

**Dining**  
Yunnan cuisine, with various ingredients, has many flavors, fresh, tender, slightly sour and spicy. Special attention is paid to original, authentic taste. Famous delicacies include braised terrine mushroom, grilled fish with lemongrass, Dali milk fan with mashed red beans, Yunnan Crossing the Bridge noodles, colorful rice, Shipping tofu, Lijiang stuffed bun, thin soy food and so on.

**Shopping**  
Special local products mainly include Jianshui purple pottery, Pu'er tea, Jiahua flower



## Tengchong

**Tengchong Volcanoes**  
Historically, Tengchong was an important hub of the ancient Southwest Silk Road. Due to its important location, it was heavily guarded with massive forces throughout China's dynasties. A stone town built in the Ming Dynasty, it is known as "the First Town on the Edge."

**Website:** www.tcta.gov.cn

**Tengchong Geothermal Springs**  
Tengchong Geothermal Springs are a geothermal attraction covering an area of about nine square kilometers. There are over 80 large air springs and hot springs, with the water temperature of ten reaching more than 90 degrees centigrade.

**Heshun Home Town of Overseas Chinese**  
Heshun is a famous hometown of overseas Chinese in China. There are many unique dwellings, charming Huizhou-style buildings with white walls and grey tiles, the beautiful Jiangnan ancient town, with bridges and flowing water, as well as Western buildings, all forming a kind of cultural maze.



## Highland Scenery

**Qibei Puzhehei**  
Puzhehei is of typical karst landform. In the lake, there are nearly 2,000 acres of lotus flowers. The nearby Dalong Mountain is surrounded by water on three sides, and looks like a dragon floating on the water when seen from afar. In its cave there are mysterious totem cliff paintings, creating a numenous atmosphere.

**Kunming Dongchuan Red Earth**  
Dongchuan Red Earth is the world's second most impressive red earth next to only that of Rio de Janeiro, Brazil. Each year from September to December, thanks to the seed-sowing time difference, red earth will show different colors, especially beautiful and colorful when seen from afar.

**Luoping Jiulong Waterfalls**  
Jiulong Waterfalls are China's largest waterfalls. Every spring, when the canola flowers blossom, many people are drawn to watch the waterfalls and flowers.

**Chuxiong Yuanmou Soil Forest**  
Yuanmou Soil Forest is China's most typical example of a soil forest. The Wumao Soil Forest, Banguo Soil Forest and Langpuo Soil Forest are the best. Soil forest has a kind